MAGNUM NUTRITION'S GUARANTEE-MAGNUM LEAN GAIN 1:1.5 ratio of Protein to Carbs works to help optimize Lean Muscle mass gains while minimizing body fat gain. You can use it as a Meal replacer or ideally consume it twice a day with skim Milk to gain maximum benefit. MUSCULAR CASEIN - 5% EGG ALBUMEN - 10% FAT & OTHER - 9% CARBOHYDRATES - 56% PROTEIN - 35% ■ MILK PROTEIN - 15% .. 15% AMINOS - 20% WHEY CONCENTRATE - 25% WHEY PROTEIN ISOLATE - 25% 20% 50% DEXTROSE - 20% TAPOICA STARCH - 10% 25% MCT OIL POWDER - 25% FLAX SEED OIL POWDER - 25% SUNFLOWER OIL POWDER - 50% FIBRE BLEND & WHET BRAN - 5% WAXY POTATO - 10% MALTODEXTRIN(LOW DE) - 55% ... 10%









MUSCLE GROWTH / EXTREME POWER / STRENGTH / ENERGY / IMMUNITY / ENDURANCE / RECOVERY



60 SERVINGS *2 SERVINGS WITH SKIM MILK

		466* CALORIS		
7 0	Sa*	1g*	1 39a*	11 5g*

7.83g* 1g* 1.38g* 11.5g L-GLUTAMINE TAURINE ARGININE BCA NUTRITION FACTS: MAGNUM LEAN GAIN-CHOCO DELIGHT
Serving Size: 1 Heaping Scoop(50g)

Amount Per Serving	2 scoops (100g)	2 scoops (100gm)	
Approximate Values	with 400ml Water	With 400ml Skim Milk	
Energy (Kcal)	326	466	
Calories from Fat (Kcal)	10	13.6	
Protein (g)	35	48.6	
Total Carbohydrates (g)	56	76	
Added Sugar (Sucrose)	0	0	
Dietary Fibre (g)	2.8	2.8	
Total Fat (g)	2.5	2.9	
Trans Fatty Acids (g)	0.16	0.16	
Cholesterol (mg)	12	20	
Micronised Creatine Monohydrate (g)	3	3	
L-Glutamine (g)	2	4.03	
Taurine (g)	1	1	
L-Arginine (g)	1	1.38	
Instantized L-Leucine (g)	1	3.52	
Instantized L-Iso Leucine (g)	0.5	2.42	
Instantized L-Valine (g)	0.5	1.38	
Vitamin B3 (mg)	60	60	
Vitamin B6 (mcg)	200	200	
Vitamin B12 (mcg)	2000	2000	
Vitamin C (mg)	400	400	
Calcium (mg)	800	1060	
Phosphorus (mg)	400	400	
Magnesium (mg)	160	160	
Copper (mg)	300	300	
Selenium (mcg)	70	70	
Zinc (mg)	8.8	8.8	
lodine (mcg)	280	280	
Iron (mg)	80	80	
Sodium (mg)	280	460	
Potassium (mg)	300	924	
Chloride (mg)	400	400	
Alpha Lipoic Acid (mg)	100	100	
DIGE ZYME' Digestive Enzyme Blend (mg) 100	100	

Ingredients List: Carbohydrate Source (Maltodextrin (Low DE), Dextrose, Tapoica Starch, Waxy Potato Starch, Wheat Bran & FIBRIM), Protein Blend (Whey Concentrate, Whey Protein Isolate, Milk protein, Egg Albumen, Miscellar Casein) Healthy Fats Powdered Blend (Flax Seed Oil, MCT Oil, Sunflower Oil)Amino Acid Blend (Creatine Monohydrate, L - Glutamine, L - Arginine, Taurine, BCAA), Fibre Blend (FOS & Wheat Bran) Alk. Cocoa Solids, Natural & Nature Identical Flavor, Thickner (INS 415), Emusifier (INS 322), Sweetner (INS 955), Multi Vitamins, Multi Minerals, Salt, DIGEZYME (Digestive Enzyme Blend).

(*) Sucrose / (#) Approximate Values on Dry Basis Allergen Information: Contains milk and soy (Leithin)

Recommended Usag

Choose your Magnum Lean Gain as per your convenience

Breakfast: Consume Magnum Lean Gain along with
breakfast with skim milk to kick start your day.

In-between meals: Consume one shake in-between meals to support a high-calorie diet for a sustained calorie supply.

Before bed: Consume one shake with skim milk about 45-60 minutes before you sleep to fuel your muscles while sleeping.

Note: Do Not Exceed 4 scoops (200g) in a day.

Notice:

Use this product as a food supplement only.
Do not use for weight reduction.
Product sold by weight not volume.
To preserve freshness, store this container tightly closed some place cool and dry.
Small amounts of soy lecithin are added as an emulsifier to help with mixing.

Manufactured Exclusively for Magnum Nutrition Pawar Nutri Food- Pune.

FSSAI : 11515036000772 Marketed by Magnum Nutrition, India FSSAI : 11519037000555

